

Foundation Stage Weekly Menu

meal	mon	tue	wed	thu	fri
Lent Term week 1: weeks commencing 22 January, 19 February and 12 March					
	pork meatballs, quorn meatballs, halal meatballs	baked jacket potato with baked beans & cheese	roast turkey, cheesy vegetable hot pot	savoury minced beef, spinach & feta parcels	hot dog, quorn hot dog
	spaghetti, green beans, carrots	peas	roast potato, cabbage, carrots	new potato, sweetcorn, broccoli	chips, baked beans, peas
	chocolate & coconut cake with custard	raspberry jelly	angel delight	eves pudding & custard	flapjack
Lent Term week 2: weeks commencing 29 January, 26 February and 19 March					
	chicken korma quorn & sweet potato curry	shepherds pie sheperdess pie	roast beef & yorkshire pudding country vegetable pie	baked pork sausage, quorn sausage halal chicken sausage	fish finger vegetable bean burger
	rice, naan bread, peas	carrots, green beans	roast potato, broccoli, diced swede	mashed potato, cabbage, sweetcorn	chips, baked beans, peas
	marble sponge & custard	raspberry jelly	shortbread & pink sauce	lemon syrup sponge & custard	carrot cake
Lent Term week 3: weeks commencing 15 January, 5 February, 5 March, and 26 March					
	chinese chicken quorn & vegetable stir fry	baked jacket potato with baked beans and cheese	roast gammon, sweet potato & squash stew	spaghetti bolognese vegetable lasagne	margarita pizza ,
	noodles, broccoli, carrots	peas	roast potato, carrots, spring cabbage	sweetcorn, green beans	chips, baked beans ,peas
	angel delight	raspberry jelly	chocolate & beetroot cake	apple crumble & custard	lemon muffins