

weekly menu.

Meal	Mon	Tue	Wed	Thurs	Fri
soup & bread					
	leek & potato soup	roasted red pepper soup	butternut squash soup	carrot & coriander	tomato
	crown loaf	poppy seed loaf	sesame loaf	wholemeal loaf	herb bread
Lunch					
main option 1	chicken korma	Italian inspired shepherds pie	roast beef & yorkshire pudding	baked cumberland sausage	crispy haddock
main option 2	quorn & sweet potato curry	shepherdess pie	country vegetable pie	quorn sausage casserole	vegetable bean burgers
sides	steamed rice, naan bread		roast potato	mashed potato	chips
			peas	steamed carrots	broccoli
	mango chutney, sambals	green beans	swede & carrot	sweetcorn	mushy peas
pasta bar	macaroni cheese or arrabattia	carbonara or arrabattia	arrabattia or basil pesto	roasted cherry tomato & pesto or arrabattia	creamy pepper or arrabattia
jacket potatoes	cheese, beans or tuna mayo	cheese ,beans or sausage & beans	cheese, beans or savoury cheese	chicken mayonnaise, cheese or beans	beef chilli, cheese or beans
dessert	mable cake & custard	toffee apple strudel & custard	shortbread & pink sauce	lemon syrup sponge & custard	carrot cake