

Week One

Monday

Roasted Red Pepper Soup; Oat Crusted Bloomer
Chicken Tikka Masala; Butternut Squash & Chick Pea Curry
Boiled Rice, Chapati, Saag Aloo
Lemon Syrup Sponge & Custard

Tuesday

Butternut Squash Soup; Sesame Seed Loaf
Beef Bolognese; Quorn Bolognese
Spaghetti, Garlic Bread, Sweetcorn
Jam Roly Poly & Custard

Wednesday

Pea and Mint Soup; Wholemeal Loaf
Roast Gammon with Red Onion Chutney; Leek and Potato Pie
Roast Potato, Braised Red Cabbage, Green Beans
Plum Crumble & Custard

Thursday

Mediterranean Vegetable Soup; Crusty Bread
Cumberland Sausage; Quorn Sausage
Mashed Potato, Carrots, Broccoli
Orange & Almond Flavoured Cake

Friday

Country Vegetable Soup; Onion Bread
Mozzarella & Tomato Panini; Poached Fish in Tomato Sauce
Chips, Peas, Baked Beans
Flapjack

Freshly baked potatoes with hot and cold fillings available daily including grated cheese, baked beans plus filling of the day.

A selection of freshly filled breads with cheddar cheese, ham, tuna plus daily specials.

A selection of freshly cooked pasta with a choice of chunky tomato ragout and daily sauces, parmesan cheese.

Week Two

Monday

Carrot and Coriander Soup, Oat Crusted Bloomer

Chicken and Sweetcorn Pie; Cheesy Hotpot

New Potatoes, Carrots and Broccoli

Apricot Bakewell Tart with Custard

Tuesday

Mushroom Soup, Sesame Seed Loaf

Pork Fajita; BBQ Bean and Vegetable Wrap

Savoury Rice, Sweetcorn, Lemon and Chilli Courgettes

Lime, Berry and Banana Upside Down Pudding with Custard

Wednesday

Celeriac Soup, Wholemeal Loaf

Roast Beef and Yorkshire Pudding; Quorn Sausage Casserole

Roast Potato, Swede & Cabbage

Apple and Blackberry Crumble with Custard

Thursday

Sweet Potato Soup, Poppy Seed Bread

Lasagne; Vegetable Lasagne

Garlic Bread, Green Beans

Shortbread with Custard

Friday

Tomato Soup, Onion Bread

Crispy Fish; Roasted Red Peppers with Vegetable Chilli

Chips, Peas, Mushy Peas

Blueberry Muffins

Freshly baked potatoes with hot and cold fillings available daily including grated cheese, baked beans plus filling of the day.

A selection of freshly filled breads with cheddar cheese, ham, tuna plus daily specials.

A selection of freshly cooked pasta with a choice of chunky tomato ragout and daily sauces, parmesan cheese.

Week Three

Monday

Red Lentil Soup; Crown Loaf

Pork Meatballs in a Rich Tomato Sauce; Quorn Meatballs

Spaghetti; Broccoli and Sweetcorn

Carrot Cake with a Citrus Topping

Tuesday

Butternut Squash and Sweet Potato Soup; Oat Crusted Loaf

Italian Inspired Shepherds Pie; Vegetarian Cottage Pie

Swede and Carrot Mash; Savoy Cabbage

Sticky Toffee Pudding with Custard

Wednesday

Mushroom Soup; Wholemeal Bread

Roast Turkey; Vegetable Cottage Pie

Roast Potatoes; Carrot and Green Beans

Apply and Cherry Crumble with Custard

Thursday

Carrot and Coriander Soup; Sesame Loaf

Sweet and Sour Chicken; Sweet Chilli and Quorn Stir Fry

Boiled Rice; Sweetcorn and Pak Choi

Chocolate Shortbread with Pink Custard

Friday

Red Pepper and Tomato Soup; Poppy Seed Bread

Margarita Pizza; Creamy Fish Pie

Chips; Peas and Baked Beans

Peach and Raspberry Traybake

Freshly baked potatoes with hot and cold fillings available daily including grated cheese, baked beans plus filling of the day.

A selection of freshly filled breads with cheddar cheese, ham, tuna plus daily specials.

A selection of freshly cooked pasta with a choice of chunky tomato ragout and daily sauces, parmesan cheese.